Sports

Pee-Wee

SuperKids Parent & Me Gymnastics (18 Months to 3 Years)
Help your child learn gymnastics stunts on small scale equipment such as soft mats, stunt bar, balance beam, spring board, mini-trampoline. Fun exercises to music and simple coordination games too! Class Min 6.
Location: Clubhouse
Instructor: Super Kids
Cost is $88 for 8-weeks.

13971	M	**7/7-8/25**	9:45-10:35 am
13972	Sa	**7/12-8/30**	9:45-10:35 am

SuperKids Developmental Gym (3 to 5 Years)
Cartwheels, rolls of all kinds, stunts on the bar, vaulting, balance beam skills, and more are taught in this fun class. Enhances coordination, balance, flexibility, and self confidence! Class Min 6.
Location: Clubhouse
Instructor: Super Kids
Cost is $88 for 8-weeks.

13969	Th	**7/10-8/28**	3:30-4:20 pm
13970	Sa	**7/12-8/30**	10:45-11:35 am

SuperKids Fun and Fit Gymnastics (5 to 8 Years)
Class starts with aerobic exercise to music, followed by strength and flexibility conditioning. After that we teach cartwheels, rolls of all kinds, round-offs, bar, balance beam, and vaulting skills. Enhances coordination, balance, flexibility, and self-confidence! Class Min 6.
Location: Clubhouse
Instructor: Super Kids
Cost is $88 for 8-weeks.

13966	Th	**7/10-8/28**	4:30-5:20 pm
13967	Sa	**7/12-8/30**	11:45 am-12:35 pm

Challenger MiniKickers Cubs (2 to 3 Years)
The MiniKickers Cubs class is a new and exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work for children aged 2-3 years. Our professional British coaches will ensure your child has a positive soccer experience and will develop a love for the sport. The MiniKickers curriculum has been devised by soccer experts, child development professionals and experienced coaches. Classes are weekly 45 minute sessions and registration includes a ball, jersey, shorts and certificate. Class Min 5.
Location: Recreation Park
Instructor: Challenger Staff
Cost is $95 for 7-weeks.

14002	Th	**7/10-8/28**	2-2:45 pm

Challenger MiniKickers Lions (4 to 5 Years)
The MiniKickers Lions class is a new and exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work for children aged 4-5 years. Our professional British coaches will ensure your child has a positive soccer experience and will develop a love for the sport. The MiniKickers curriculum has been devised by soccer experts, child development professionals and experienced coaches. Classes are weekly 45 minute sessions and registration includes a ball, jersey, shorts and certificate. Class Min 5.
Location: Recreation Park
Instructor: Challenger Staff
Cost is $95 for 7-weeks.

14004	Th	**7/10-8/28**	2:50-3:35 pm

Sportball Junior (16 to 30 Months)
This 45 minute program is a perfect introduction to Sportball. Children and parents participate in sports, creative games, songs, rhymes, stories, bubble time and much more. Although these programs focus more on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level. Class Min 4. No class on 8/31
Location: Recreation Park
Instructor: Sportball Staff
Cost is $140 for 10-weeks.

13996	Th	**7/10-9/11**	9-9:45 am
13997	Su	**7/13-9/21**	9-9:45 am

Sportball Parent & Child (2 to 3 Years)
Sportball Parent & Child programs teach children important introductory physical skills and help them develop confidence in their abilities. The programs also help adults understand proven teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing and repeating skills and playing games in a fun, creative, noncompetitive environment. Classes are conducted once a week in 45-minute sessions just the right length of time for active little minds and bodies. Class Min 4. No class on 8/31
Location: Recreation Park
Instructor: Sportball Staff
Cost is $140 for 10-weeks.

14000	Th	**7/10-9/11**	9:55-10:40 am
14001	Su	**7/13-9/21**	9:55-10:40 am

Sportball Multi-Sport (3 to 5 Years)
Sportball Multi-Sport skills development programs introduce children to the concepts and skills involved in the eight core sports offered in the Sportball curriculum. Classes are conducted once a week in 45 minute sessions, applying our developmentally appropriate methodology to introduce, practice and refine gross motor skills. The programs reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence and develop the social skills necessary to succeed in sport and life. Class Min 4. No class on 8/31
Location: Recreation Park
Instructor: Sportball Staff
Cost is $140 for 10-weeks.

13998	Th	**7/10-9/11**	10:50-11:35 am
13999	Su	**7/13-9/21**	10:50-11:35 am

Trifytt Sports Parent & Me T-Ball (2 to 3 Years)
This 30 minute class meets once a week for parents and kids ages 2-3. This is a great chance for kids to be introduced to t-ball in a fun and safe environment while learning the basics of the game. Parent participation is required in this class. Our t-ball curriculum is designed for kids to have fun with friends and coaches while fine-tuning their motor and socialization skills. All kids will receive a ball and t-shirt. Class Min 5.
Location: Recreation Park
Instructor: Trifytt Staff
Cost is $70 for 5-weeks.

14007	M	**7/14-8/11**	10:30-11 am

Trifytt Sports Lil' Stars T-Ball (3 to 6 Years)
This 45 minute class meets once a week for kids ages 3-6. This class will introduce participants to t-ball in a fun and safe environment while learning the basics of the game. Our t-ball curriculum is designed for kids to have fun with friends and coaches while fine-tuning their motor and socialization skills. All kids will receive a ball and t-shirt. Class Min 5.
Location: Recreation Park
Instructor: Trifytt Staff
Cost is $70 for 5-weeks.

14006	M	**7/14-8/11**	11-11:45 am

Youth

Baton (5 to 17 Years)
Learn tricks, routines and techniques for future performances. Marching, dancing and baton twirling are all brought together. You can order a regulation baton at first class. All skill levels are welcome. Class Min 4.
Location: Clubhouse
Instructor: Christina Wood
Cost is $45 for 6-weeks.

Beginner Baton (5 to 17 Years)
This class is designed for first time participants.

13943	Th	**7/10-8/14**	4-4:30 pm

Advanced Baton (5 to 17 Years)
Participants must have approval from the instructor to take this level.

13945	Th	**7/10-8/14**	5-5:30 pm

Intermediate Baton (5 to 17 Years)
For the Intermediate level, participants must have taken 2 classes prior.

13944	Th	**7/10-8/14**	4:30-5 pm

Summer Co-ed Youth Basketball League
The Co-ed Youth Basketball League is an instructional basketball league open to students going into 2nd - 8th grade. Games will be held on Saturdays with practice one time a week. Grades 2-4 will play at the Teen Center on Saturday mornings with grades 5-8 playing on Saturday evenings at the ESHS Gymnasium.
Register no later than July 1.
Cost is $35 for 5-weeks.
Location: ES Teen Center & ESHS Boys Gym

13560	Sa	**7/12-8/9**	9a - 5p

Adult

Adult Open Gym Program (15 Years +)
Come shoot some hoops with your buddies during our Adult Open Gym Basketball program on Sunday mornings. Pick-up games and teams are formed by participants. This program is free with a valid Recreation I.D. Card and is for El Segundo residents only. Please bring your Recreation I.D. Card with you.
Cost: Free
Location: ESHS Boys Gym

	Su	**on-going**	9 am - 1 pm

Adult Sports Leagues
League play consists of a six to ten game season depending on number of teams registered and one playoff game for the top four teams each season. All prospective team managers must attend a pre-season manager's meeting for the upcoming league. For more information, please contact the Recreation and Parks Department at (310)524-2700. Residency restrictions apply:
ALL teams MUST be comprised of either 75% El Segundo Residents or employees of a company/business located in the City of El Segundo that is sponsoring the team.

Coed 7v7 Soccer League (Fridays)
Manager's Meeting: Wednesday, July 9 at 5:30 PM at the Joslyn Center in Recreation Park **Starts: Friday, July 18, 2014**
Cost: $200 per team + referee fee of $25 per team per game paid on field to referee in cash
Location: Campus El Segundo, 2201 E. Mariposa

Summer Coed Slow Pitch Softball League (M-F)
Manager's Meeting: Tuesday, June 3 at 5:30 PM at the Joslyn Center in Recreation Park **Starts: Week of June 16, 2014**
Cost: $350 per team + umpire fee of $20.00 per team per game paid on field to referee in cash
Location: Brett Field in Recreation Park/Richmond Field, Corner of Virginia and Mariposa

Summer Basketball League (Tuesdays and Thursdays)
Manager's Meeting: Wednesday, June 18 at 5:30 PM at the Joslyn Center in Recreation Park
Starts: Week of July 7, 2014
Cost: $200 per team + referee fee of $35 per team per game paid on court to referee in cash
Location: El Segundo High School South Gym, 640 Main St.

Toyota Sports Center

Ice Skating & Ice Hockey
All classes held at Toyota Sports Center (555 Nash Street) by TSC Staff. You must bring registration confirmation to first class session. Cost is $69 for 4-weeks

Ice Skating

Children should dress for cold weather, including long pants, a jacket and gloves. Parent may participate with their child. Cost includes skate rental, public session and guest passes.

Beach Babies on Ice (3 Years)
Emphasis on the proper way to fall and get up while teaching marching while standing, moving, balance and control. Class Min 4.

14291	Sa	**7/12-8/2**	10:45-11:15 am
14290	Su	**7/13-8/3**	12:15-12:45 pm
14309	Sa	**9/6-9/7**	10:45-11:15 am
14308	Su	**9/7-9/28**	12:15-12:45 pm

Ice Skating for Tots (4 to 5 Years)
For skaters who have never been on ice skates before, or for those who have not had formal lessons. Emphasis on how to get up, marching, dips, and forward skating.

14292	Th	**7/10-7/31**	4-4:30 pm
14293	Sa	**7/12-8/2**	12:15-12:45 pm
14294	Su	**7/13-8/3**	12:15-12:45 pm
14310	Th	**9/4-9/25**	4-4:30 pm
14311	Sa	**9/6-9/27**	12:15-12:45 pm
14312	Su	**9/7-9/28**	12:15-12:45 pm

Ice Skating for Youth (6 to 14 Years)
Students will learn basic forward and backward skating, swizzles, backward wiggles, and snowplow stops.

14295	Th	**7/10-7/31**	4:30-5 pm
14296	Sa	**7/12-8/2**	12:15-12:45 pm
14297	Su	**7/13-8/3**	11:15-11:45 am
14313	Th	**9/4-9/25**	4:30-5 pm
14314	Sa	**9/6-9/27**	12:15-12:45 pm
14315	Su	**9/7-9/28**	11:15-11:45 am

Ice Skating for Adults (18 Years +)
For the skater who has never skated or those with limited experience. Students will learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles, and forward crossovers. Includes skate rental and public skating on the day of the lesson.

14305	Tu	**7/8-7/29**	7:00pm-7:30pm
14306	Sa	**7/12-8/2**	11:45am-12:15pm
14307	Su	**7/13-8/32**	11:45am-12:15pm
14323	Tu	**9/2-9/23**	7:00pm-7:30pm
14324	Sa	**9/6-9/27**	11:45am-12:15pm
14325	Su	**9/7-9/28**	11:45am-12:15pm

Ice Hockey

Ice Hockey Basics (age 6 and under)
Classes introduce the skater to ice hockey and teach basic safety and skating skills, forward and backward skating, balance and edges.

14298	Sa	**7/12-8/2**	10:45am -11:15am
14299	Su	**7/13-8/3**	11:45am-12:15pm
14316	Sa	**9/6-9/27**	10:45am -11:15am
14317	Su	**9/7-9/28**	11:45am-12:15pm

Ice Hockey Basics for Youth (6 to 14 Years)
Classes introduce the skater to ice hockey and teach basic safety and skating skills, forward and backward skating, balance and edges.

14300	Sa	**7/12-8/2**	11:15-11:45 am
14301	Su	**7/13-8/3**	11:15-11:45 am
14318	Sa	**9/6-9/27**	11:15-11:45 am
14319	Su	**9/7-9/28**	11:15-11:45 am

Ice Hockey for Adults (18 Years +)
Designed for new skaters; introduction to the sport of hockey and basic skills.

14302	Tu	**7/8-7/29**	7:00pm-7:30pm
14303	Sa	**7/12-8/2**	11:45am-12:15pm
14304	Su	**7/13-8/3**	11:45am-12:15pm
14320	Tu	**9/2-9/23**	7:00pm-7:30pm
14321	Sa	**9/6-9/27**	11:45am-12:15pm
14322	Su	**9/7-9/28**	11:45am-12:15pm